

BRIEFING TO HEALTH SCRUTINY

Report Title: Mayor's Healthy Living Campaign

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Background:

Each year, the Mayor is approached to see whether they have any particular areas of health and wellbeing they would like to actively support and raise awareness of during their term in office.

For 2018/19, Cllr Javid Iqbal will be the Mayor of Oldham. One of the themes that the Mayor has committed to supporting is increased physical activity, with a particular focus on walking.

Since the last meeting of the Health Scrutiny sub-committee, the Mayor has joined residents on an informative Oldham Historic Walk around the town centre on 6 October 2018. The walk lasted around 3 hours and gave those who participated the opportunity to learn more about the history of the town whilst being physically active.

The Mayor also participated in the Oldham and Saddleworth Memory Walk in Alexandra Park in aid of Alzheimer's Society on 13 October 2018. Residents and Oldham East and Saddleworth MP, Debbie Abrahams (in her capacity as chair of the All Party Parliamentary Group for Dementia and one of the Alzheimer Society's Dementia Friends Champions) were also joined on the walk by a number of councillors and officers from Oldham Cares. In addition to raising awareness about dementia and providing local people with the opportunity to remember their loved ones, the walk also aimed to encourage residents to be more physically active to contribute to improved health and wellbeing.

The Health Scrutiny committee will be kept updated through the year as to the activity the Mayor has been involved in to promote healthy living in the borough.

Recommendations to Health Scrutiny

Health Scrutiny sub-committee is asked to note the update and support the Mayor during his time in office.